



12 COACH

A ROMANS 12 GUIDE FOR COACHES TO LIVE AS AUTHENTIC DISCIPLES OF JESUS CHRIST

SESSION 3

how to get God's best for your life

part 1

Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is-- His good, pleasing and perfect will.

Romans 12:2 (NIV)

There is a world system that threatens God's dream for your life. This world system is subtle, seductive, and orchestrated by none other than Satan himself. And none of us are exempt from its influence. This week's session will open your eyes to why so many Christian coaches live defeated lives. Chip's teaching will help you know how to say "yes" to God and "no" to the world system. It is the only way to get God's best for your life.



TAKE IT IN (WATCH THE VIDEO)

WHY ARE THERE SO MANY DECISIONS AND SO FEW LEGACY COACHES?**1. Negative Command:***"Do not be conformed to the pattern of this world..."*

Do not be conformed = do not be squeezed into the world's _____.

• The world system is orchestrated by _____.

• The world system is a _____.

Stop allowing yourselves to be molded by the influences and pressures of this present world system.

*Do not love the world nor the things in the world. If anyone loves the world, the love of the Father is not in him. For all that is in the world, **the lust of the flesh and the lust of the eyes and the boastful pride of life**, is not from the Father, but is from the world. The world is passing away and also its lusts; but the one who does the will of God lives forever.***1 John 2:15-17 (NASB)**

• Lust of the flesh = passion to _____ (pleasure)

• Lust of the eyes = passion to _____ (possessions)

• Boastful pride of life = passion to _____ (position)

The problem: Our diet is of the world instead of the _____.

2. Positive Command:

“...but be transformed by the renewing of your mind.”

SPIRITUAL METAMORPHOSIS IS AN INSIDE JOB

Metamorphosis = change from the _____

Transformation begins when you start putting the word of God in your _____ .

Translation: But allow God to completely change your *inward thinking* and *outward behavior* by cooperating wholeheartedly moment-by-moment with the Spirit’s renewing presence.



TALK IT OVER

1. Where do you battle the most? Where is the world system squeezing you?

2. What are some values of the world system that are contrary to God’s values?

3. Read John 17:13-18. What does it mean to be *in* the world, but not *of* the world?

What are some things we readily accept today as Christian coaches that would have been unthinkable 25 years ago?

How do you feel about some of these changes?

4. Share a time in your personal journey when the coaching life and living for God was a real battle.

How did you get through it?

What did you learn?

5. I John 2:15-17 describes 3 areas of common temptation.

Lust of the flesh = passion to feel (pleasure)

Lust of the eyes = passion to have (possessions)

Pride of life = passion to be (position)

In what area do you struggle most?

6. What one practical change could you make in the next couple of weeks that would help you say “no” to the world system? Write it down below.



LIVE IT OUT

1. Do a 48-hour sports media fast. No sports news or talk radio. Ask a friend or fellow coach to do this with you. Commit to pray for one another and to hold each other accountable. Consider having your entire group do this together this next week.
2. Have a discussion with your family or with a fellow coach about this week’s session. Spend some time talking about the impact of media on our lives and how we should respond as a follower of Christ.
3. Spend some time in prayer this week, ask God to help you have a spiritual breakthrough to answer question #6.



SHARE YOUR STORY

In the Bible, the people of God often kept a record of God’s activity. If God is using this series to have an impact on your life in some specific way, share your story at LivingontheEdge.org. Just click on the *Share Your Story* tab to get started.



DIVE DEEPER

- I live a life that I think is separate from the world and am more active than many of my coaching friends in my church, but I still feel a sense of emptiness. Why do I feel so empty?
- My spouse is living a worldly life, and I feel constantly drawn into it. What should I do?
- How do I face and deal with the “private” sins of my life? Can I keep them to myself?